

 **LAKE**®

THE LAKE STORY

When you have a passion for cycling as we do at Lake, it translates to a life long passion. It's in our blood, we are devoted to cycling. We have spent hours riding in the trenches, enduring the pain and have graduated with honors from the school of hard knocks. We have studied the shape of thousands of feet pedaling billions of circles. Designed and proven to be the most comfortable shoe in the peloton. You will not want to replace your worn out shoes, we hope you'll want to just buy another pair from Lake.

Born in Evanston Illinois in 1983, Lake quickly became a household name for cycling shoes. As the sport grew in North America, so did the versatility and demand for more styles. The MXZ303 (winter boot) was created because of a very cold climate that hit Lake's headquarters every year, the shores of Lake Michigan, where temperatures are quite possibly the coldest in North America. Many other innovative designs have come from Lake's shoe collections over the years. More recently Lake was the first to design and produce the MX 331 Cyclocross specific model and today it remains the "holy grail" of cyclocross shoes.

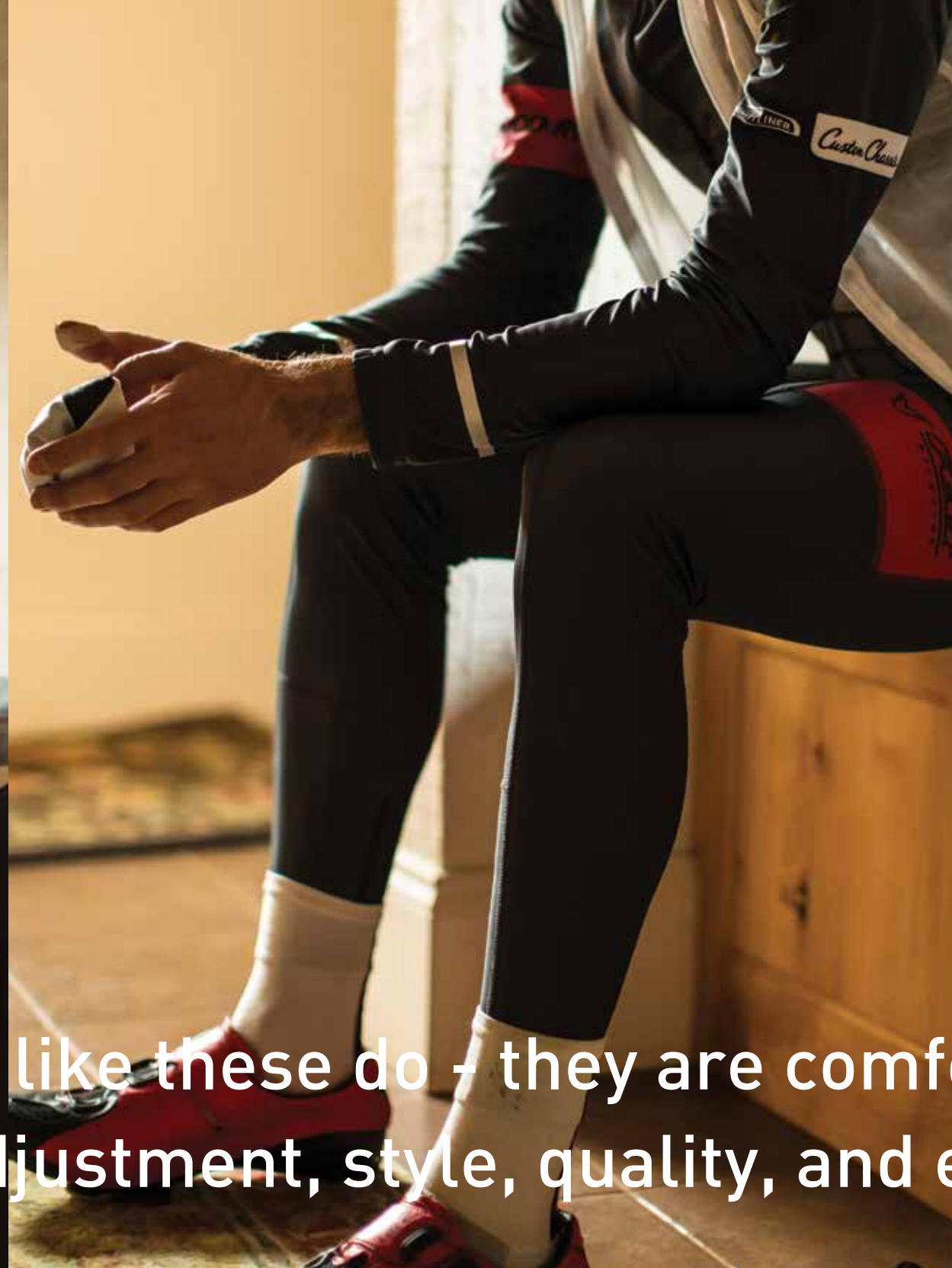
Our pride has grown out of a simple fact, that we are first to market with many if not most new developments in cycling shoes. Unlike most companies in the marketplace, we haven't been distracted by entering into different cycling product categories, we have remained true to our core value and that is to produce the best fitting, highest quality cycling shoe on the market.



ROAD

It's often been said that those who take to road racing are courageous. Often committing to 50 hour weeks riding in all conditions and often hitting the pavement a couple times a season. At Lake we want to make shoes that will not only withstand the hours of training but also be the best performing. The shoe pedal connection is the only mechanical connection with the bike, it's important to make the connection with our bike the most precise so as to not miss a moment of energy transfer.





“Few shoes envelop the foot like these do - they are comfortable all day long, with perfect fit and adjustment, style, quality, and epic performance.”

– BikeRadar (CX402)



“Any company that can do work like this, must have high standards.”

– Red Kite Prayer (CX237)

TRI

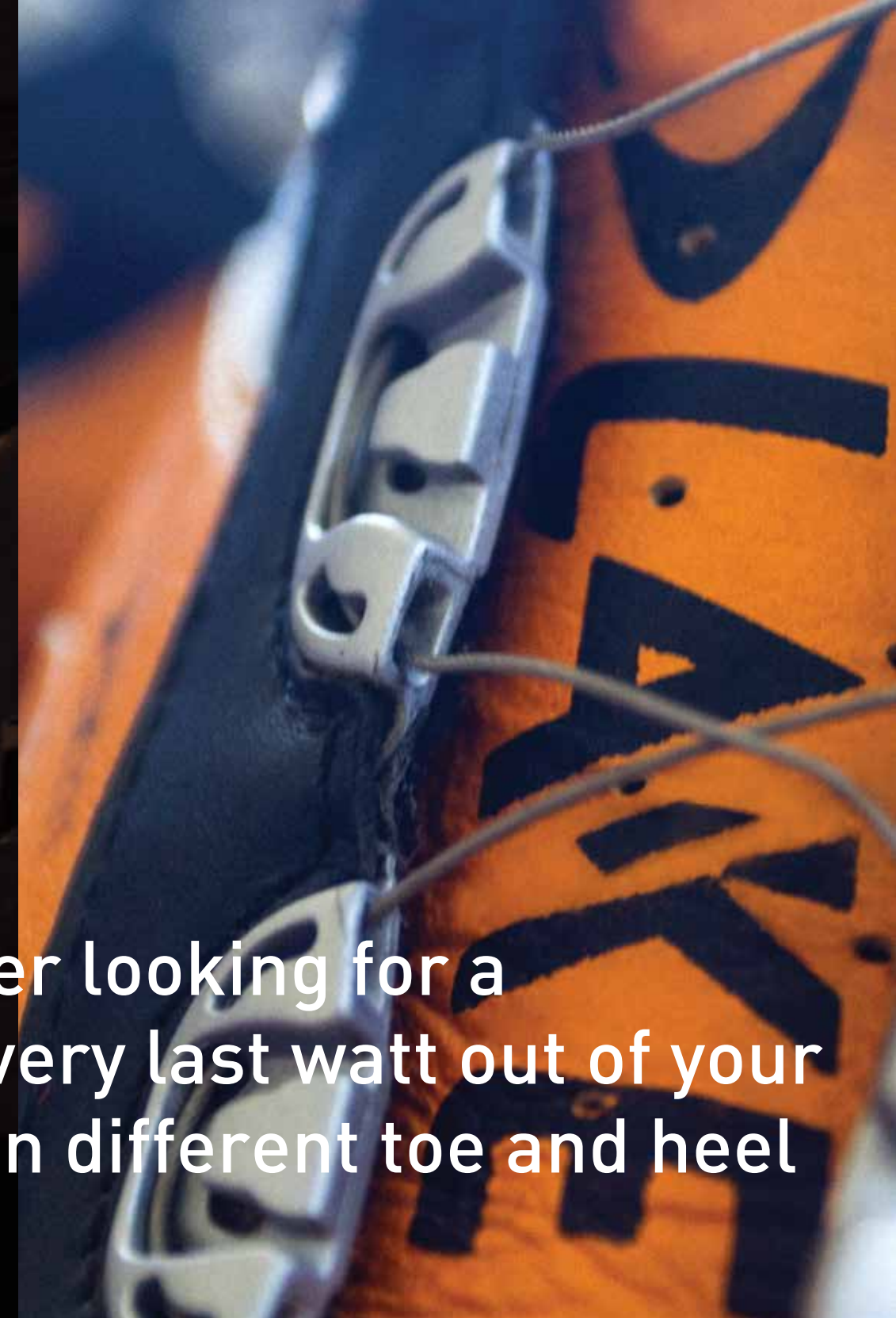
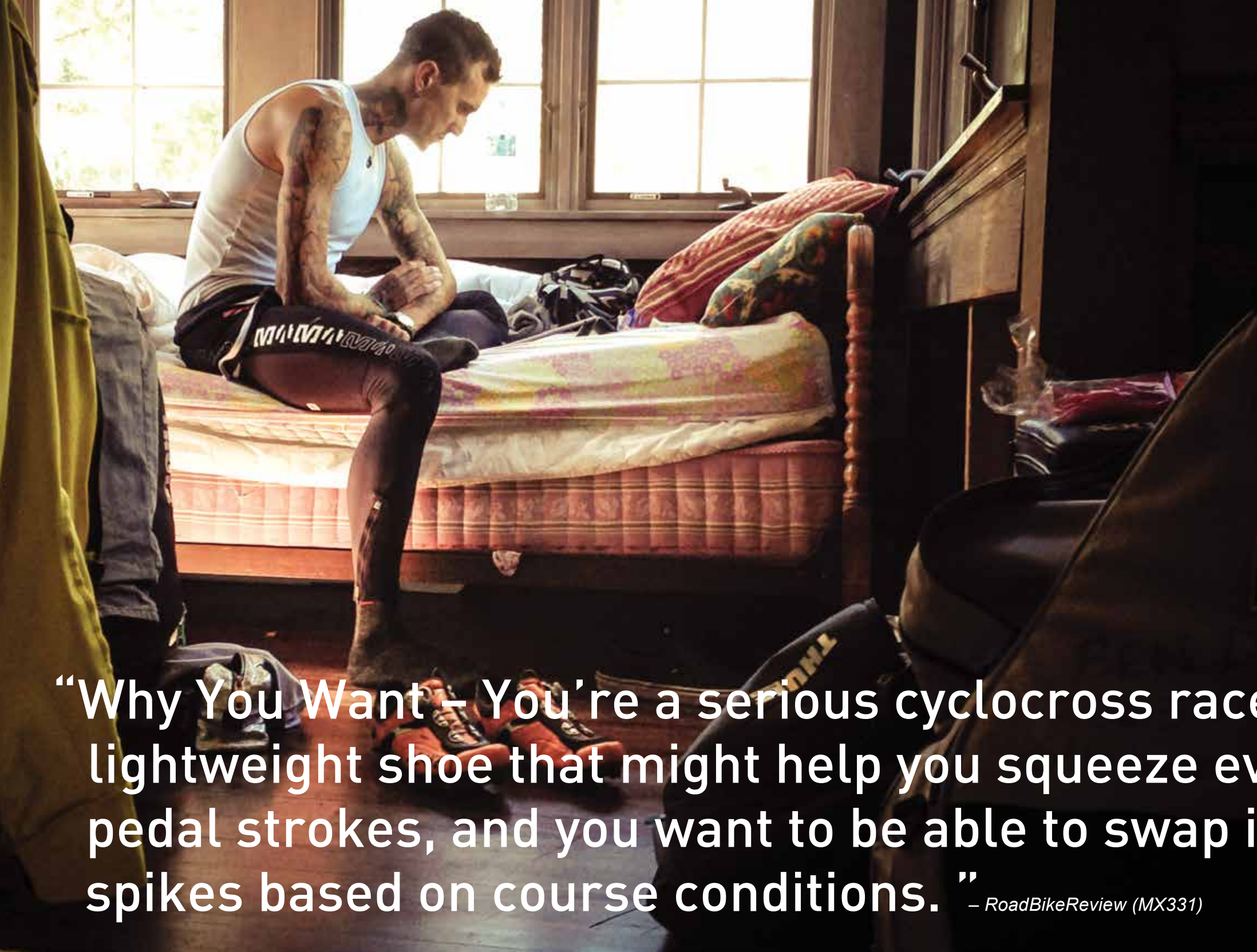


Triathlon requires so much training in each discipline; however, everyone usually has one sport in which they are most talented. Most cycling companies are similar in this sentiment. Each one of these companies started out making something really well, a helmet, a bicycle, a pedal, a shoe and then got distracted and started making other products not akin to what they do best. Lake is one of very few cycling companies that has stayed true to our core competence. Shoes are what we do best and we're not going to make a bike or a helmet because that would distract us from making the best shoes on the planet.

MTB/CROSS



The genesis of Lake Cycling's cyclocross-specific MX 331 Cross shoe started with feedback (and perhaps complaints) from some of our pro athletes. These top-level bog hoppers were happy with the fit and comfort of our top-end cross-country mountain bike shoe, but pined for something lighter when racing 'cross.



“Why You Want – You’re a serious cyclocross racer looking for a lightweight shoe that might help you squeeze every last watt out of your pedal strokes, and you want to be able to swap in different toe and heel spikes based on course conditions.” – *RoadBikeReview (MX331)*



“A very performance oriented shoe that’s also really, really comfortable.”

— Bike Rumor (CX/MX237)

URBAN



The DK Series was born during the Lake annual planning meeting in the picturesque country side of Switzerland, where the Swiss are known to be hard working craftsmen. Though not a totally new concept for Lake; however, when we asked for feedback from our current dealer base, there was a need for a flat sole commuter that does the journeyman's work. The donkey logo symbolizes the hard working character of the shoe.

COULD

A person wearing black cycling gear with white accents is riding a fat bike on a snowy path in a wooded area. The path is covered in snow and fallen brown leaves. Another person in similar gear is visible in the background, standing near a tree. The overall scene is a winter cycling setting.

There are two key differences that make our product superior. Firstly, we put the closure on the side so it doesn't cut off your circulation. We also offer a good heel hold by not using a separate outer and inner shell. An actual anatomical heel shape is where you'll experience it. It's the fit that makes the difference. We promote biological temperature regulation where other try to achieve warmth synthetically.

“These boots have the makings of a winter riding, life changer.”

– Cycletech (MXZ303)

TEAM

A group of cyclists in orange and black Team Roompot jerseys are shown in a road race. They are wearing helmets and sunglasses, and are riding their bicycles. The background is a blurred road and sky.

Team Roompot, the new Dutch squad led by former Rabobank team boss Erik Breukink, Jean-Paul van Poppel and Michael Boogerd. Lake Cycling shoe is the chosen shoe sponsor of this promising young squad. The CX402 in bright orange will be seen in the World Tour this season thanks to Team Roompot.

CX 402/402W




Road Performance Last – designed for higher cadence and pressure riding. Features more curved profile and increased toe pitch and heel lift.

OUTSOLE Custom Fit Carbon Fiber sole. Men's regular width available in a 3-hole or Speedplay specific cleat pattern for use without adapters. Replaceable heel strike pad

UPPER Klite Kangaroo leather & mesh upper with Perforated Kangaroo leather lining

CLOSURE Dual Side mounted Push/Pull B0A L5 lacing system with releasable lace guides

COLORS  **SIZES**  regular & wide

 Custom Colors Available

MEN			WOMEN		
39/5	40/5	41/5	36	37/5	
42/5	43/5	44/5	45/5	38/5	39/5
40/5	46/5	47	48	50	41/5
				42/5	43

CX 237



Road Sport Last – features a larger, more roomy toebox while providing increased foot control through the heel and saddle of the foot.

OUTSOLE Lake Race 100% Carbon Fiber Sole. Available in 3 hole cleat pattern

UPPER Full grain leather and mesh with a leather heel lining

CLOSURE Dual Side mounted Push/Pull B0A L5 lacing system with releasable lace guides

COLORS  **SIZES**  regular & wide

 Custom Colors Available

MEN					
37	38	39	40	41/5	
42/5	43/5	44/5	45/5	46/5	47
48	50				

CX 331/331W



Road Performance Last – designed for higher cadence and pressure riding. Features more curved profile and increased toe pitch and heel lift.

OUTSOLE Lake Race 100% Carbon Fiber Sole. Available in 3 hole cleat pattern or Speedplay specific

UPPER Klite Kangaroo leather and mesh. Outlast temperature regulating heel & tongue liner. Internal Thermoform Carbon Fiber heel counter

CLOSURE Side mounted Push/Pull B0A L4 lacing system with powerzone in the forefoot

COLORS  **SIZES**  regular & wide

 Custom Colors Available

MEN			WOMEN		
39/5	40/5	41/5	36	37/5	
42/5	43/5	44/5	45/5	38/5	39/5
40/5	46/5	47	48	50	41/5
				42/5	43

CX 217



Road Sport Last – features a larger, more roomy toebox while providing increased foot control through the heel and saddle of the foot.

OUTSOLE Lake Race 100% Carbon Fiber Sole. Available in 3 hole cleat pattern

UPPER Action leather & mesh upper

CLOSURE Side mounted Push/Pull B0A L4 lacing system with powerzone in the forefoot

SIZES  regular & wide

MEN					
37	38	39	40	41/5	
42/5	43/5	44/5	45/5	46/5	47
48	50				

CX 175



Road Standard Last – Close fit toe box, high arch and mid width ball girth.

OUTSOLE Lake Competition fiberglass-injected nylon outsole (3-hole compatible)

UPPER Action leather & mesh upper

CLOSURE Side mounted Push/Pull BOA L4 lacing system with powerzone in the forefoot

COLORS  **SIZES**  regular & wide

MEN	36	37	38	39	40	
	41	42	43	44	45	46
	47	48	50			

CX 160



Road Standard Last – Close fit toe box, high arch and mid width ball girth.

OUTSOLE Lake Competition fiberglass-injected nylon outsole (3-hole compatible)

UPPER Action leather & mesh upper

CLOSURE Triple hook and loop straps

COLORS  **SIZES**  regular & wide

MEN	36	37	38	39	40	
	41	42	43	44	45	46
	47	48	50			



TX 312/312W

Tri Race Performance – designed for higher cadence and pressure riding. Features more curved profile and increased toe pitch and heel lift.



OUTSOLE	Lake Race 100% Carbon Fiber Sole. Available in 3 hole cleat pattern or Speedplay specific (men's only)
UPPER	NuFOAM™ breathable & wicking shell with Trek-Dry antimicrobial liner
CLOSURE	Dual hook & loop straps with fast transition Push/Pull BOA L4 heel closure

SIZES regular & wide

MEN	39/5	40/5	41/5	WOMEN	36	37/5
	42/5	43/5	44/5		38/5	39/5
	46/5	47	48		41/5	42/5
			50			43



TX 212

Tri Standard Last – Close fit toe box, high arch and mid width ball girth.



OUTSOLE	Road Competition fiberglass-injected nylon outsole (3-hole compatible)
UPPER	NuFOAM™ breathable & wicking shell with Trek-Dry antimicrobial liner
CLOSURE	Dual hook & loop straps

SIZES regular & wide

MEN	36	37	38	39	40
	40	41	42	44	45
	47	48	50		



TX 222

Tri Sport Last – features a larger, more roomy toebox while providing increased foot control through the heel and saddle of the foot.



OUTSOLE	Lake Race 100% Carbon Fiber Sole. Available in 3 hole cleat pattern
UPPER	NuFOAM™ breathable & wicking shell with Trek-Dry antimicrobial liner
CLOSURE	Dual hook & loop straps

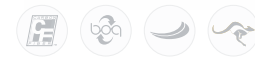
SIZES regular & wide

MEN	37	38	39	40	41/5
	42/5	43/5	44/5	45/5	46/5
	48	50			





MX 331 CROSS



Cyclocross Performance Last – designed for higher cadence and pressure riding. Features more curved profile and increased toe pitch and heel lift.

OUTSOLE	Lake Race 100% Carbon Fiber Sole with rubber cleat pocket, replaceable toe and heel spikes
UPPER	Packer Kangaroo Leather (Orange) or Equine Leather (Black) and mesh Outlast temperature regulating heel & tongue liner Internal Thermoform Carbon Fiber heel counter
CLOSURE	Side mounted Push/Pull BOA L4 lacing system with powerzone in the forefoot

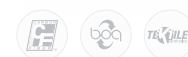
COLORS



SIZES regular & wide

MEN	39/5	40/5	41/5	WOMEN	36	37/5	
	42/5	43/5	44/5	45/5	38/5	39/5	40/5
	46/5	47	48	50	41/5	42/5	43

MX 228



Enduro Performance Last – designed for higher cadence and pressure riding. Features more curved profile and increased toe pitch and heel lift.

OUTSOLE	Lake Race 100% Carbon Fiber Sole with Mountain Race X real rubber sole
UPPER	Microfiber & mesh upper
CLOSURE	Easy Replaceable Tongue Mounted BOA Push/Pull IP1 lacing system with dual hook loop straps

SIZES regular & wide

MEN	37	38	39	40	41/5	
	42/5	43/5	44/5	45/5	46/5	47
	48	50				

MX 331/331W



Mountain Performance Last – designed for higher cadence and pressure riding. Features more curved profile and increased toe pitch and heel lift.

OUTSOLE	Lake's SPD Compatible Bath Tub Rubber flat sole
UPPER	Equine leather and mesh. Outlast temperature regulating heel & tongue liner Internal Thermoform Carbon Fiber heel counter
CLOSURE	Side mounted Push/Pull BOA L4 lacing system with powerzone in the forefoot

COLORS	SIZES regular & wide																					
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	MEN	39/5	40/5	41/5	WOMEN	36	37/5															
	42/5	43/5	44/5	45/5	38/5	39/5	40/5															
46/5	47	48	50	41/5	42/5	43																

MX 180



Enduro Sport Last – features a larger, more roomy toebox while providing increased foot control through the heel and saddle of the foot.

OUTSOLE	Hypergrip Enduro Sole with Ice Lock anti-slip lug inserts
UPPER	Microfiber, waterproof liner, mesh with injection toe guard
CLOSURE	Side mounted BOA Push/Pull IP1 lacing system micro-adjustable release

COLORS	SIZES regular																		
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	MEN	36	37	38	39	40													
	41	42	43	44	45	46													
47	48	50																	

MX 237



Mountain Sport Last – features a larger, more roomy toebox while providing increased foot control through the heel and saddle of the foot.

OUTSOLE	Lake Race 100% Carbon Fiber Sole with Mountain Race X real rubber sole
UPPER	Full grain leather and mesh with a leather heel lining
CLOSURE	Dual Side mounted Push/Pull BOA L5 lacing system with releasable lace guides

COLORS	SIZES regular & wide																		
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	MEN	37	38	39	40	41/5													
	42/5	43/5	44/5	45/5	46/5	47													
48	50																		

MX 168



Enduro Standard Last – Close fit toe box, high arch and mid width ball girth.

OUTSOLE	Hypergrip Enduro Sole with Ice Lock anti-slip lug inserts
UPPER	Action leather and mesh
CLOSURE	Easy Replaceable Tongue Mounted BOA Push/Pull IP1 lacing system with dual hook loop straps

COLORS	SIZES regular & wide																		
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	MEN	36	37	38	39	40													
	41	42	43	44	45	46													
47	48	50																	

MX 175

Mountain Standard Last – Close fit toe box, high arch and mid width ball girth.



OUTSOLE Lake Race Sole. Mountain Race X non-marking rubber outsole

UPPER Action leather and mesh

CLOSURE Side mounted Push/Pull BOA L4 lacing system with powerzone in the forefoot

COLORS



SIZES regular & wide

MEN	36	37	38	39	40	
	41	42	43	44	45	46
	47	48	50			



MX 160

Mountain Standard Last – Close fit toe box, high arch and mid width ball girth.



OUTSOLE Lake Race Sole. Mountain Race X non-marking rubber outsole

UPPER Action leather and mesh

CLOSURE Triple straps

SIZES regular & wide

MEN	36	37	38	39	40	
	41	42	43	44	45	46
	47	48	50			



MX 105

Casual Last – providing foot control while pedaling without restricting the foot during off bike activities.



OUTSOLE Trail V outsole by Vibram with removable cleat plate cover for caged pedals & toe clips

UPPER Waxed Canvas with Tektile™ synthetic upper panels with a Waterproof Membrane to make a highly water resistant upper

CLOSURE Side mounted Push/Pull BOA L4 lacing system

SIZES regular

MEN	36	37	38	39	40	
	41	42	43	44	45	46
	47	48	50			



MX 80

Casual Last – providing foot control while pedaling without restricting the foot during off bike activities.



OUTSOLE Trail V outsole with removable cleat plate cover for caged pedals & toe clips

UPPER Mesh with Tektile™ synthetic upper panels with toe guard

CLOSURE Laces and Strap

SIZES regular

MEN	36	37	38	39	40	
	41	42	43	44	45	46
	47	48	50			





DK 150



Casual Last – providing foot control while pedaling without restricting the foot during off bike activities.

OUTSOLE Lake's SPD Compatible Bath Tub Rubber flat sole

UPPER Action Leather with Waterproof liner

CLOSURE Laces

SIZES  regular

MEN	36	37	38	39	40
	41	42	43	44	45
	47	48	50		

DK 100



Casual Last – providing foot control while pedaling without restricting the foot during off bike activities.

OUTSOLE Lake's SPD Compatible Bath Tub Rubber flat sole

UPPER Action Leather with Waterproof liner

CLOSURE Laces

SIZES  regular

MEN	36	37	38	39	40
	41	42	43	44	45
	47	48	50		

MXZ 303



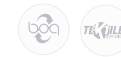
Winter Last – allowing the foot to maintain proper circulation while providing the only isolated heel counter among winter riding boots.

OUTSOLE	Heavy duty Mountain V outsole by Vibram
UPPER	Pittards WR100 leather Outlast temperature regulating liner 3M Thinsulate lining in toe box Thermosol composite insulation insole
CLOSURE	Side mounted Push/Pull BOA IP1 lacing system and buckle top flap

SIZES regular & wide

MEN	36	37	38	39	40	
	41	42	43	44	45	46
	47	48	50			

CX 145



All Weather Sport Last – features a larger, more roomy toebox while providing increased foot control through the heel and saddle of the foot.

OUTSOLE	Road Competition fiberglass-injected nylon outsole (3-hole compatible)
UPPER	Waxed Canvas, Leather and a Waterproof membrane for a highly water resistant upper
CLOSURE	Dual Side mounted Push/Pull BOA IP1 lacing system with releasable guides

SIZES regular & wide

MEN	36	37	38	39	40	
	41	42	43	44	45	46
	47	48	50			

MX 145



All Weather Sport Last – features a larger, more roomy toebox while providing increased foot control through the heel and saddle of the foot.

OUTSOLE	Hypergrip Enduro Sole with Ice Lock anti-slip lug inserts
UPPER	Waxed Canvas, Leather and a Waterproof membrane for a highly water resistant upper
CLOSURE	Dual Side mounted Push/Pull BOA IP1 lacing system with releasable guides

SIZES regular & wide

MEN	36	37	38	39	40	
	41	42	43	44	45	46
	47	48	50			

WINTER INSOLE



Lake's winter insole is a layered package, which creates an insulating barrier that keeps the heat generated by your body inside the shoe and the cold from entering the shoe from the bottom. The outer felt layers wick away moisture and keep the foot feeling dry, a second radiant reflective layer helps keep heat and cold from transferring through while the inner core of air pockets finally creates an insulating barrier so that the heat or cold cannot be conducted.

CUSTOM INSOLE



CAPTURE YOUR NATURAL FOOT SHAPE

Raven™ Insoles composite foot cradle is designed to be reshaped to your foot. The heel cup of the cradle has small slits made around the upper radius to allow the cup to expand for larger sized feet. These slits may or may not be visible after molding.

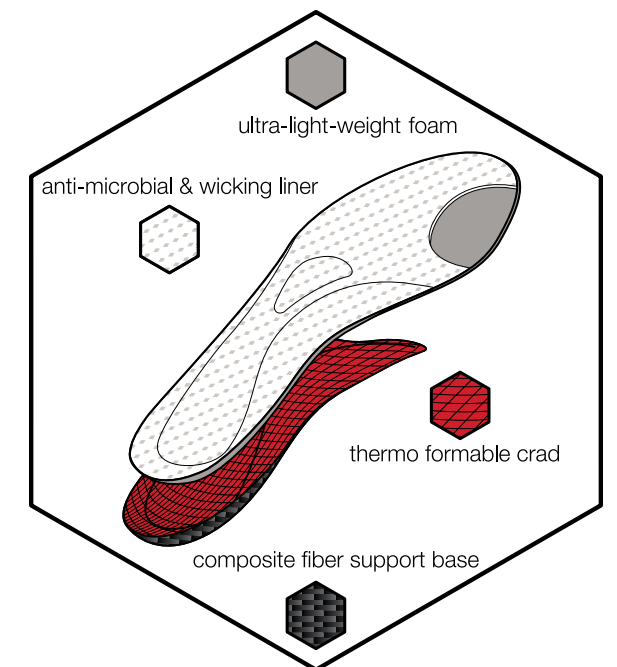
- > Wicking textile face fabric
- > Firm EVA foam
- > Carbon Fiber or Fiber Glass Composite Laminate

COLORS: Black

SIZE: S(36-39), M(40-43), L(44-46), XL(47-50)

FITTING

Raven™ Insoles are compatible with most cycling shoes. For the best fitting result, place your current insole on top of the Raven™ insole and trace the forefoot shape with a marker. Trim away the excess forefoot foam. It is often better to cut less away and check the fitting of the insole inside the shoe, if the insole wrinkles or fits too tightly, trim away more excess material from the forefoot.



ROAD



CX 402



CX 331



CX 237



MX 331



MX 237



MX 228



CX 217



CX 175



CX 160



MX 180



MX 168



MX 175

TRI



TX 312



TX 212



TX 222



MX 160



MX 105



MX 80

URBAN



DK 150



DK 100

CROSS



MX 331 CROSS



MXZ 303



MX 145



CX 145

MTB

COLD

MATERIALS



K-Lite kangaroo leather, for Lake by Packer Leather, is the lightest, strongest & most durable natural leather. It utilizes multiple surface treatments to better protect & increase the comfort of your feet. Duratek treatment strengthens the leather & protects it from abrasion, & Microblok antimicrobial treatment renders the leather uninhabitable to microbes & germs.



Pittards® WR100 leather is a unique, highly water-resistant & breathable leather, specially engineered to retain softness & suppleness over time. Used in our extreme-condition shoes.



Action Leather breathable, long lasting durability, form fitting & great looking without sacrificing price. Action Leather is a split leather with a PU surface treatment. This treatment helps to reduce stretch and increase water resistance.



Outlast® SmartFabric Technology uses microencapsulated Phase Change Material (mPCM), which works on a microscopic level to maintain a constant skin temperature. This acts as a buffer against the extreme temperatures generated during high activity. The result is cooler or warmer depending on your body's need, drier, less sweaty, more comfortable feet.



TeKtile – Our collection of Synthetic materials have been selected to meet the high standard that we have set for our shoes. TeKtile material is used precisely where it can offer great strength, visual appeal and a specific function.



NuFoam™ offers extreme breathability, light weight performance, moisture management and anti-microbial properties all in one package. The perfect technical material for the world's most technical footwear.



Vibram® is the world leader in rubber soles for extreme athletic pursuits. Our three exclusive Vibram® soles are the first in the cycling world & set a new standard for function & durability in cycling shoes.



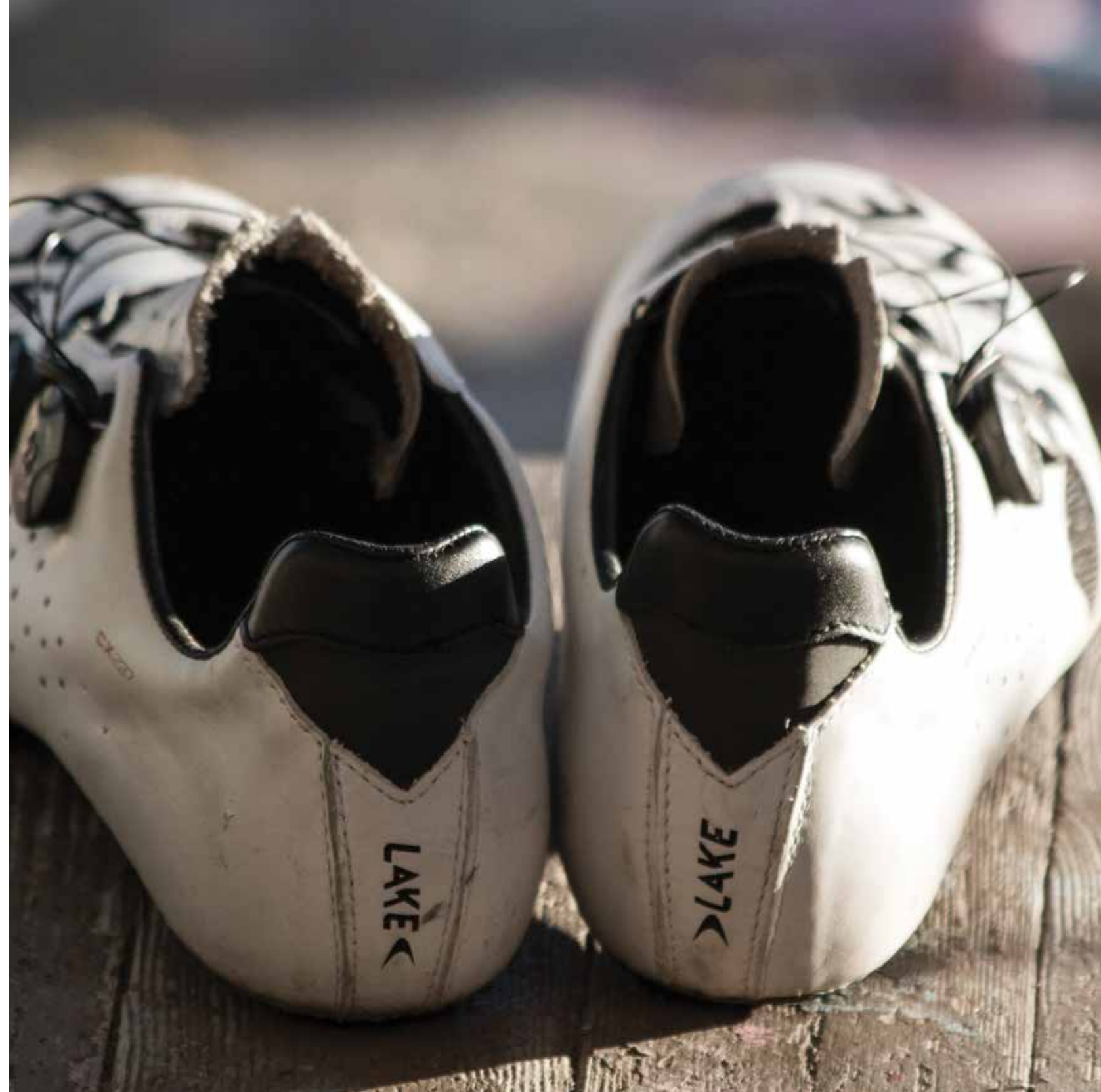
Boa lacing system

BOA® Closure System is a micro-cable closure system provides a fine-tunable, evenly-distributed closure that eliminates pressure points & hot spots. It is the first mechanical system to meet our exacting standards.

Boa is a registered trademark of Boa Technology Inc.



Syksól® Premium Footbeds utilize our High Performance Insoles technology to create a superior footbed package. The combination of technical fabrics with Syksól® function specific sole design allows for a footbed that has long lasting comfort as well as improved foot stability that are applicable across all footwear categories.





LAKECYCLING.COM